

Activity Guide

Junction City Area



Don't miss out,
the Activity Guide is digital,
to receive future copy, email:
communitycenter@ci.junction-city.or.us
OR

Call the JC Community Center
At 541.998.4767

Junction City
Community Services Department
At-A-Glance Guide to
Programs and Activities

Spring 2013

AfterSchool Global Explorers

JC Community Center

**Mon-Wed-Fri
until 5:30 pm
Grades K-8th**

**Bus Service
from School to
Community
Center.**



**Active play, food,
arts & crafts.
Scholarships
Available
Space Limited
541. 998. 4767**



Spring Break 3-Day Recreational Camp



**Tues. March 26 - Thu. March 28
8:30am-5:30pm**

- Grades K-6th
- Meals Available
- \$60 per Camper
- Generous Scholarships Available

**Junction City Community Center
175 West 7th Avenue**

**Phone: 541-998-4767
MWF 11am-6pm**

**Registration Deadline
Fri. March 15**

**www.junctioncityoregon.gov
communitycenter@ci.junction-city.or.us**

**Themes:
Agriculture - Outdoor Adventure - Art Explosion**

Family Activities at JC Community Center 541.998.4767

KID Town at the Community Center

Parents bring your tots and come have a great time at KID Town. Play, read, learn, share stories and have snacks. Discuss topics of interest to you and to other parents as well. (Birth to 5 - with an adult)

Date: Every Tuesday (No KID Town on 3-26-13)

Time: 9:30-11:00 am

Cost/Reg: FREE including snacks

Activity Leader: JC Community Center Volunteer



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Cooking Classes - Food for Lane County

This FREE 6-week Cooking & Nutrition class teaches how to make the most of your food budget, cook nutritious, delicious food, try new foods, and learn recipes from expert chefs and recreate them with ingredients you take home with you. All resource materials are provided.

Date: 6 weeks beginning 3-14-13 to 4-25-13

Time: Thursdays 5:30-7:30 pm

Cost/Reg: FREE if you register by 3/10. Register by calling Cheryl Glasser at 541.998.2386 Limited spaces available.

Benefits: Dinner provided for parents and children. Child specific activities provided for children while parents are attending class.

Activity Leader:
Food for Lane County
Volunteers



Building Blocks

Christian Childcare and Preschool

30 months – 12 years old

M-F 6:00am to 6:00pm

Preschool

Full & Part Time

Before & After School Care

School Closure Care



Fun, Flexible & Reliable

Free Trial Day

Competitively Priced

HUGE Lego Program

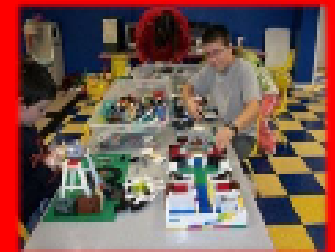
Check Out Our Website, Call or E-Mail Us For More Info



575 Greenwood Street, JC

541-998-7619

<http://bbcchildcare.com>



Private Voice Lessons



All ages taught, lessons designed around the student's needs and interests, including work on technique and songs. Colleen has an extensive background in performing and has studied singing for years.

Date: Fridays from 3:00 - 7:00 pm

Cost: \$10 per 1/2 hour

Registration: Call 541.968.2022 to schedule your lesson.

Activity Leader: Colleen Gaskill

Scrabble with Madeline

Are you a word-a-holic? A recreational Scrabble group meets on Thursday afternoons 2-5pm. All skill levels are greatly encouraged to attend! Bring a friend or two with you! And the snacks are fantastic!

Date: Thursday afternoons 2:00-5:00 pm

Cost/Reg: Free, Call 541.998.4767 to register

Activity Leader: JC Community Center (JC³) Volunteer



Teens at JC3 541.998.4767

Teen Options

Need Community Service Hours?

Call 541-998-4767

Teen Volunteer Opportunities:

Office Reception - Facility Improvement
Leaders In Training - Gardening/Recycling - Computer
Spring Break - Camp Afterschool & Camp Sunshine



Community Showcase

Come See Us at the . . .

Junction City Community Showcase

Saturday, April 13 ~ 10-3 pm

Junction City Fire Department

(behind Safeway)

Interactive Displays, Raffle Prizes, Food, Games and more!! Bring a friend & compete at the JC Community Center (JC³) booth for prizes.

Fitness Classes at JC Community Center 541.998.4767

Zumba with Deb Monday & Wednesday

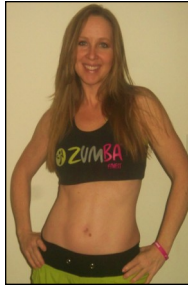
This program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away.

Date: Monday & Wednesday Classes 5:30 pm

Cost/Reg: \$5 per class, Drop In or

Pay \$40 for 10 classes (M W class pass)

Instructor: Deb Hargett Open to ages 10+



Zumba with Stacey Friday

This program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away.

Date: Friday Class 10:00 am

Cost/Reg: \$5 per class, Drop In or

Pay \$40 for 10 classes (F class pass)

Instructor: Stacey Biegler Open to ages 10+



Tai Chi with Machiko

Move, stretch, flow - you really have to try it! Tai-Chi is great for improving balance and preventing falls. The instructor, Machiko Shirai is a Gold Medalist in Tai-Chi. Class sessions are \$35 for each six week session.

Date: Tuesdays 3-4 pm

Cost/Reg: \$35 for six weeks

Instructor: Machiko Shirai



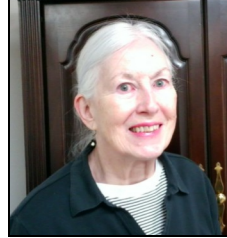
Yoga with Lila

Try an easy style of Yoga, sitting in a chair or on the floor. This is a great strengthening, stretching and stress reliever program, which is gentle on the body.

Date: Mon & Wed, 2:30-3:30 pm

Cost/Reg: \$5 each visit, Drop In

Instructor: Lila



Adult Self Defense with Master Martin

Learn to defend yourself with our easy-to-learn, yet effective program is great for anyone 16 years & over. Class taught by former World Championship competitor and master instructor Gary Martin.

Date: Tuesday & Thursdays, 7-8 pm

Cost/Reg: \$89/mo.

Instructor: Gary Martin 541.321.2185



Fitness Classes at JC Community Center

ORI Tai Chi: Moving for Better Balance conducted by Oregon Research Institute

Participants attend class, twice weekly, for 48 consecutive weeks beginning in September 2012: learning and practicing a series of simple, slow, and rhythmical movements aimed at improving balance, strength and reducing the risk of falling. Participants must be: 1) 65 years of age or older, 2) able to

engage in mild exercise without incurring medical problems, and 3) approved by a healthcare provider. People interested in participating may contact the research staff at Oregon Research Institute, (541) 434-1519, ask for the Community Tai Chi Project. Class held at the JC Community Center on Monday & Wednesday from 10:00-11:00 am. Classes are offered **free** of charge to enrolled program participants.



Adult Special Interest

English Today!

Making Friends with English in everyday life! Adult Beginner Level starting again in April.

Time/Date: 6:00-9:00 pm

Thursdays

April 4, 11, 18, 25

May 2, 9

Cost/Reg: \$40 for six weeks (Scholarships Available)

Instructor: Nadine World, 541.998.4767 (to register)



Stretching Your Dollar

Find out what you can do to survive - budgets, credit reports, credit scores, utility bills.

Date: Tuesdays April 16, 30 & May 7, 14

Time: 6-8:30 pm

Cost/Reg: FREE Call Colleen at 541.687.5820 x142 to register or for questions

Instructor: Colleen Steward, St Vincent DePaul



Driving at JC3 541.998.4767

AARP Driver Safety

Refresh your skills and knowledge. Completion of this course may entitle you to a discount on your insurance premiums. Students must pre-register by calling the Junction City Community Center at 541.998.4767.



Date: Tuesday, April 16 & 23 12-3pm
Tuesday, June 4 & 11 12-3pm

Cost/Registration: \$14 paid to the instructor
Call 541-998-4767 to pre-register.

Service Leader: AARP Driver Program

Class and Pre-registration is through Junction City Community Center, 175 West 7th Avenue
541.998.4767

Assistance at JC3 541.998.4767

Senior Health Insurance Benefits Assistance



The SHIBA program provides free counseling to people with Medicare. We can help you select a Medicare prescription drug plan, compare Medicare Advantage and Medicare Supplement Plans, help you apply for Medicare Saving Programs, and help with Medicare Prescription Coverage.

Date: Every 1st and 3rd Tuesday by appt. only

Cost/Reg: Participation is FREE

Call JC Community Center 541.998.4767 for an appointment

Service Leader: State of Oregon SHIBA Volunteers

FREE Tax Aide sponsored by AARP

More than 35,000 AARP Tax-Aide volunteers, trained in cooperation with the IRS, help more than 2.6 million taxpayers file their federal & state returns each year.



Date: Friday and Saturday through April 13

Cost/Registration: FREE Call JC Community Center (JC³) at 541-998-4767 to make your appointment

Service Leader: AARP Tax Aide Program

Viking Sal Senior Center Upcoming Activities 541.998.1556

Senior Senior Prom Friday, April 4

"Jazzy Jazzy Night" is the theme of our Annual Senior Senior Prom. So mark your calendar for Friday, April 5th, from 6-8pm. Come join the fun with us at St. Helen



Parish Hall. A delicious meal, beverages, great music by the Junction City High School Band, directed by Justin Lasley. Tickets are \$5 in advance from Viking Sal or \$10 at the door.



Pet Parade Breakfast & Bake Sale Saturday, May 4

Start your day with breakfast at Viking Sal. Enjoy scrambled eggs, biscuits w/sausage gravy, fruit, and coffee or milk. Breakfast will



be served from 8:30am - 11am Tickets are available at Viking Sal and are \$4 for Adults and \$2 for Children. After breakfast stop by



our Bake Sale and pick up some goodies for the road. All proceeds benefit Viking Sal.

Junction City Public Library (JCPL)

Borrow, v.t. 1. to take or obtain (something) with the promise to return it or its equivalent.

The Junction City Public Library has books, magazines, DVDs and Kits that you can borrow.

Book, n. 1. a written or printed literary composition, esp. on consecutive sheets of paper bound together in a volume.

Types of books at JCPL: adult fiction and non-fiction, teen fiction, and kids' fiction homework help, and picture books; close to 15,000 books.

Magazine, n.1. *publishing*. a publication that is issued periodically, usually bound in a paper cover, and typically containing stories, essays, poems, etc., by many writers, and often photographs and drawings, frequently specializing in a particular subject or area.

JCPL has 26 magazines intended for adult readers, 2 for teens and 2 for kids.



DVD, n. 1. An optical disk that can store a very large amount of digital data, as text, music, or images. JCPL has movies, documentaries, BBC series, self-help, kids DVDs: close to 1,000 titles.

Kit, n. 4. *Informal*. A set, lot, or collection of things or persons.

JCPL has 30 pre-school story kits, which are tough bags that hold 10 theme related picture book, e.g., *ABC-123*, *Let's Play*, *Little Life Lessons*.

Program, n., 1. a plan or schedule to be followed.
2. a coordinated group of things to be done or performed.

JCPL has a weekly pre-school story time: Tuesday at 11:15. The Librarian reads picture books to kids age 1-5.

Reciprocal Borrowing, adj., v., 1. given, performed, felt, etc., in return.

Borrowing, adj., see above.

The public libraries in Lane County honor each others' library cards. You can, for example go to Springfield Public Library, and check out their books, DVDs, etc.

www.junction-city.plinkit.org

LOCATION

726 Greenwood St.
Junction City,
OR 97448
541.998.8942

HOURS

Mon. & Tues.
Noon - 7:00
Wed. & Thurs.
Noon - 6:00
Sat. 10:00 - 3:00

Closed

Friday & Sunday

Junction City Parks - Get Out & Play - Pride in Parks



Bailey Park

Acreage: 2.6 acres. East end of Bryant Street 50' high Oak trees define the edge on the west and south boundary at the perimeter of an open lawn area with a pathway running through. A playground is located on the southeastern corner with two play structures and benches at its perimeter. The park includes two tennis courts with lighting for night usage.



Tequendama Park

Acreage: 0.5 acres. Timothy So. off of W 6th Tequendama Park is located adjacent to Junction City High School. A bike/pedestrian path is

located along the eastern boundary of the park. Additionally, two pathways extend to Shara Place and Saxon Place. A pathway also extends east from the park along the south side of the High School. The park includes playground equipment as well as a small basketball court. There is one picnic table and a bench in the park for seating.



Oak Meadows Park

Acreage: ~ 0.77 acres Yew North off of W. 10th Oak Meadows Park was constructed as a part of a new subdivision development. The park includes play structure and basketball

court, path into and around the park space, surrounding an open lawn area. The landscaping utilizes a wide range of plant species providing seasonal interests and variation of texture.



Laurel Park

Acreage: 1.45 acres. Laurel Park is located next to the Junction City Municipal Swimming Pool (Max Strauss Pool), and Laurel Elementary School at

14th and Kalmia. The park includes two shelter areas. The larger shelter structure has enclosed rooms on either side of an open court area. The smaller shelter structure is a gazebo and includes sinks, electrical outlets and picnic tables. The gazebo is available for rent. If interested please contact the City Recorder at 541-998-2153 for a rental application.

Junction City Skate Park

The park offers street style and ramp based skateboard opportunities for all skill levels in an open and 360° visible park setting.



Toftdahl Park

Acreage: ~ 0.87 acres. 15th and Laurel The park is surrounded by single family homes to the north, the Municipal Swimming Pool to the south, Dutch's field to the east and School District athletic fields to the west. The park is connected to 17th Avenue though a bike path. The park includes a play structure and basketball court.



Dutch's Field

Acreage: ~ 1.9 acres. 14th & Kalmia The field has bleachers, small press-box, electronic scoreboard and field lights for nighttime play. There is a parking lot between the field and the Max Strauss Pool to service the field as well as ample on-street parking. Dutch's Field is available for rent. If you are interested please contact the City Recorder at 541-998-2153.



Founders Park

Acreage: 0.25 acres Founders Park is located in the middle of downtown Junction City at 5th and Holly Streets. The park includes a 1905 Finnish locomotive #418. The park is used as a focal point for the City's annual Scandinavian Festival and provides a seating area and Veterans memorial placard.



Bergstrom Park

Acreage: 2.0 acres. 5th and Dorsa Bergstrom Park is surrounded by farmlands to the north and east. A bike path extends to Alder Street from the park providing an alternative access point. The park includes a basketball court and a wall for tennis or wall ball.



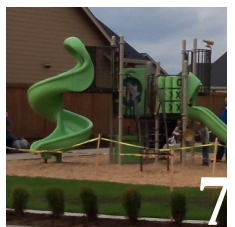
Lyle Day Park

Acreage: 2 acres. Between 5th and 6th Avenues and Elm and Deal. A pedestrian path meanders through the open lawn with pedestrian lights connecting the two streets. The park includes a tennis court, half basketball courts and playground equipment.



Raintree

Acreage: .5 acres. SW Pine and Kaylee This neighborhood park features two play structures (2-5 yr olds & 7-12 yr olds) and a basketball court.





JUNCTION CITY COMMUNITY SERVICES DEPARTMENT MAIN OFFICE

PO Box 250
175 West 7th Avenue
Junction City, OR 97448
541.998.4767

PLEASE
PLACE
STAMP
HERE



Junction City Community Services Department Sites

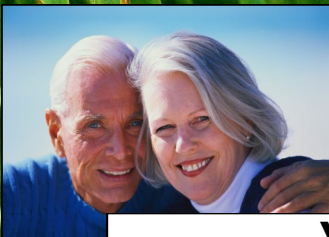


Department Director,
Melissa Bowers 541.998.4767



JC Community Center (JC3)
175 W 7th Avenue
541.998.4767 MWF 11am –6pm

Junction City Public Library
726 Greenwood Street
Library Director,
Lynn Frost 541.998.8942



Parks Division
Parks Lead,
Rick McClintock



Viking Sal
245 W 5th Avenue
Viking Sal Program Lead,
Marcia Scalise 541.998.1556
(Has a full Viking Sal Program Guide)

Max Strauss Seasonal Pool
1515 Laurel Street
Off Season 541.998.4767
Summer 541.998.3621